



Castlerea Community School

2 Week – Menu Plan

Week 1

Day	Menu	Allergens
Monday	Roast Turkey & Ham, served with Stuffing, Creamed Potato and Vegetable of the Day	1,7
	Homemade Beef Burger with Cheese served in a Brioche Bun with Mixed Salad Leaves	11,7
Tuesday	Sausages in Gravy served with Creamed Potato and Vegetable of the Day	1,3,7,10
	Chicken Carbonara served with Garlic Bread	1,3,7,9
Wednesday	Homemade Breaded Chicken Fillet served in a Brioche Roll with Mixed Salad Leaves	1,3,7
	Spaghetti Bolognese	1,3,7,9
Thursday	Homemade Chicken Curry served with Rice	1,9,10
	Beef Nachos topped with Cheese	1

Week 2

Day	Menu	Allergens
Monday	Pan-Fried Breast of Chicken served with Creamed Potato and Vegetable of the Day	3,7,10
	Pulled Pork served in a Brioche Bun with Mixed Salad Leaves	1,3,6,7
Tuesday	Homemade Shepherds Pie served with Vegetable of the Day	1,7
	Cajun Chicken Wrap with Mixed Leaves	1
Wednesday	Chicken Stir Fry served with Rice	1,6,9,10
	Penne Pasta served with a Tomato & Basil Sauce	1,7
Thursday	Homemade Chicken Curry with Rice	1,9,10
	Beef Nachos topped with Cheese	1